

Kalfus & Nachman

INJURY AND DISABILITY LAWYERS

24/7 Call For A Free Consultation

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October Newsletter 2022

www.kalfusnachman.com

Page 1

October 2022, Vol 87

Your October Message From Attorney Paul Hernandez



[Click here to play the video](#)

Buzzed Driving is Drunk Driving - Be Safe This Halloween

Tragically, about one-third of all traffic crash fatalities in the United States involve drunk drivers (with blood alcohol concentrations at or above .08 grams per deciliter). In 2020, there were 11,654 people killed in drunk-driving crashes. Do not contribute to these senseless deaths by driving drunk this Halloween. Drivers should also keep an eye out for pedestrians — whether they be children trick-or-treating or adults who have had too much to drink. Walking while intoxicated can also be deadly, as lack of attention to their surroundings could put pedestrians at risk of getting hit by a vehicle.

If you or a family member has been injured in a pedestrian accident, bicycle accident or car accident or any personal injury, or has been denied Social Security Disability benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **888-Hurtline (487-5463)** for your initial free consultation.

Kalfus & Nachman PC, Personal Injury attorney in Norfolk, can help you determine whether you need a lawyer for any personal injury case.



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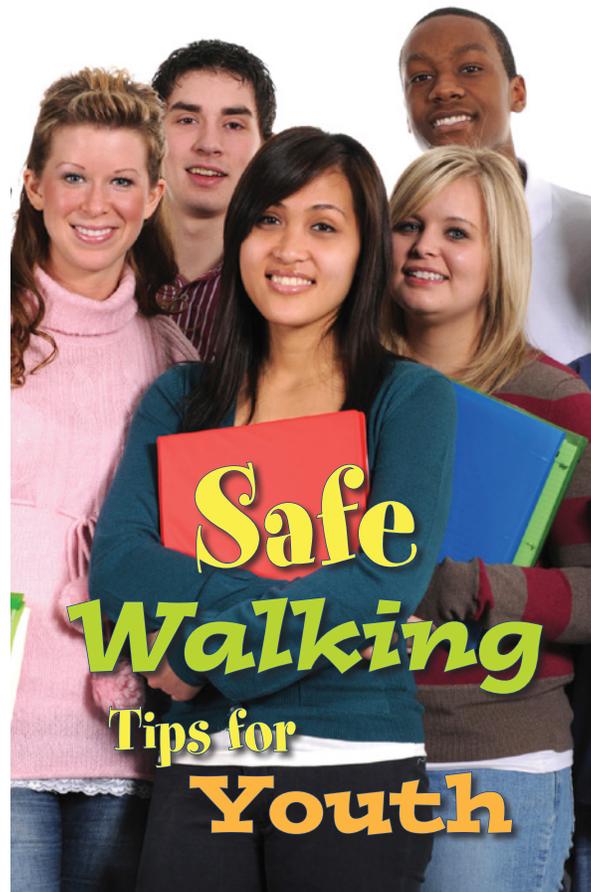
Call 1-888-hurtline or
visit us
www.kalfusnachman.com

We service Virginia and
North Carolina

Follow us...



October is National Pedestrian Safety Month



Walking is awesome – it's free, it's great exercise, and you can do it to get almost anywhere. You can visit your friends, travel to school, the movies, shopping, worship, museums, or sporting events.

What's not awesome is when young people are killed or injured while walking. So here are some important things to remember so you stay safe and healthy.



Safety tips for crossing the street:

- ⚡ **Stop** at the curb or the edge of the road if there is no curb.
- ⚡ **Stop and look** left, then right, then left again for moving cars before you step into the street.
- ⚡ **If you see a car, wait** until it goes by. Then look left, right, left again until no cars are coming.
- ⚡ **If a car is parked** where you are crossing, look to make sure there is no driver and that the car is not running.
- ⚡ Next, go to the edge of the car and **look left-right-left** to see if cars are coming.
- ⚡ **When no cars are coming, Walk** – do not run – across the road. Keep looking left-right-left for cars while you are crossing.



Things to remember when walking:

- ⚡ **Always walk on the sidewalk facing traffic.** Walk on the sidewalk if there is one. If there is no sidewalk and you have to walk on the road, walk facing traffic.
- ⚡ **Cross streets at corners or in crosswalks.** Cross where pedestrians are expected. Follow pedestrian signs and signals, always watching for traffic to ensure you are seen.
- ⚡ **Be safe. Be seen.** Brightly colored clothing makes it easier for drivers to see you during the daytime. At night, use a flashlight or wear reflective material on your shoes, cap, and jacket or on your arms or legs that bounce the car's lights off you and back to the driver. This light cautions the driver that there's something or someone moving and they should slow down and be careful.



Be aware of traffic. Don't be distracted by using electronics.

Be aware. Stay focused!

LAST CHANCE - ENTER NOW!

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

5TH ANNUAL FOOTBALL TICKET GIVEAWAY

WASHINGTON VS DALLAS

Win 2 tickets to the Washington vs. Dallas game on January 8

We are giving our friends a chance to go to the game at the Fed Ex Field in MD.

[Click Here to Enter](#)

We sincerely thank all of our friends for referring your friends and families to our office for their legal needs. Be sure to send your family and friends the link to enter our drawing as well!



Kalfus & Nachman
Accident Injury Attorneys

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Making Strides Against Breast Cancer Peninsula

OCT 16 | ANYTIME BETWEEN 11:00 AM - 3:00 PM

Kalfus & Nachman

IS PARTNERING WITH

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portsmouth humane society



Soba

K&N

Furry Friends

The firm is covering the cost of the adoption fees *

Soba enjoys humans more than dog friends, but he's doing well with his four husky foster siblings. Soba knows all his basic commands and does well when walking on a leash. He LOVES attention and will lay up against you to be loved and receive pets. He is an honorary fire engine soundmaker, as he will join them to alert the streets that they are coming with the sweetest howls! We think Soba is about 8 years old.



CONGRATULATIONS
Missy Elliott
from your friends at Kalfus & Nachman

Kalfus & Nachman
Accident Injury Attorneys

" WE MEAN BUSINESS "



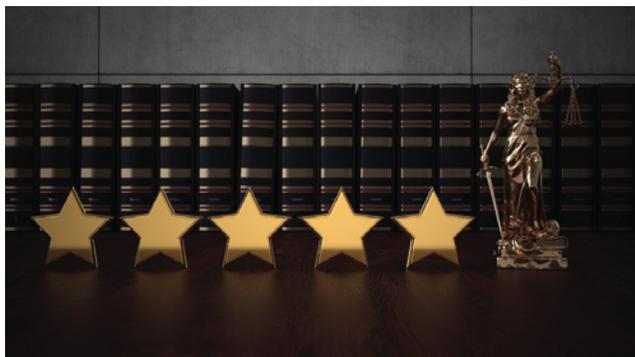


The month of September provided some excellent opportunities to enjoy time on two wheels. We participated in RVA Flattrack in Richmond, Virginia as a sponsor and competitor. This series has provided a springboard for the sport of motorcycle flat track racing, encouraged amateur and junior participation, and has developed several classes to encourage entry into the sport. Shops from across the state showed up to race for bragging rights and to share their passion for motorcycles, while over 3000 fans show up to cheer them on. The event benefited the Rookies of 79 whose "mission is to positively impact injured flat track motorcycle riders and their families as quickly as possible when a racing injury/accident occurs through providing financial assistance".

As October sets in, we are gearing up for the Mid-Atlantic Police Motorcycle Riding Committee's 43rd rodeo. Over 100 sworn riders will compete on skills and timed tests over 4 days to hone their skills and bring the title home to their station. Last year's event raised over \$20,000 for the Special Olympics.

Aside from all the events, we were able to explore some of Virginia's beautiful backroads with our friends at Wilkens Motorsports in Winchester and celebrated the Grand Opening of their new Shop this month. Jeff Wilkens has brought motorcycle riders from across the Mid-Atlantic to attend The Shenandoah Valley Motorcycle Expo which continues to grow and showcase talented motorcycle builders across the beautiful state of Virginia.

What Our Clients Are Saying About Us



Kalfus & Nachman
Accident Injury Attorneys

THANK YOU FOR YOUR

★★★★★
5 Star Review!

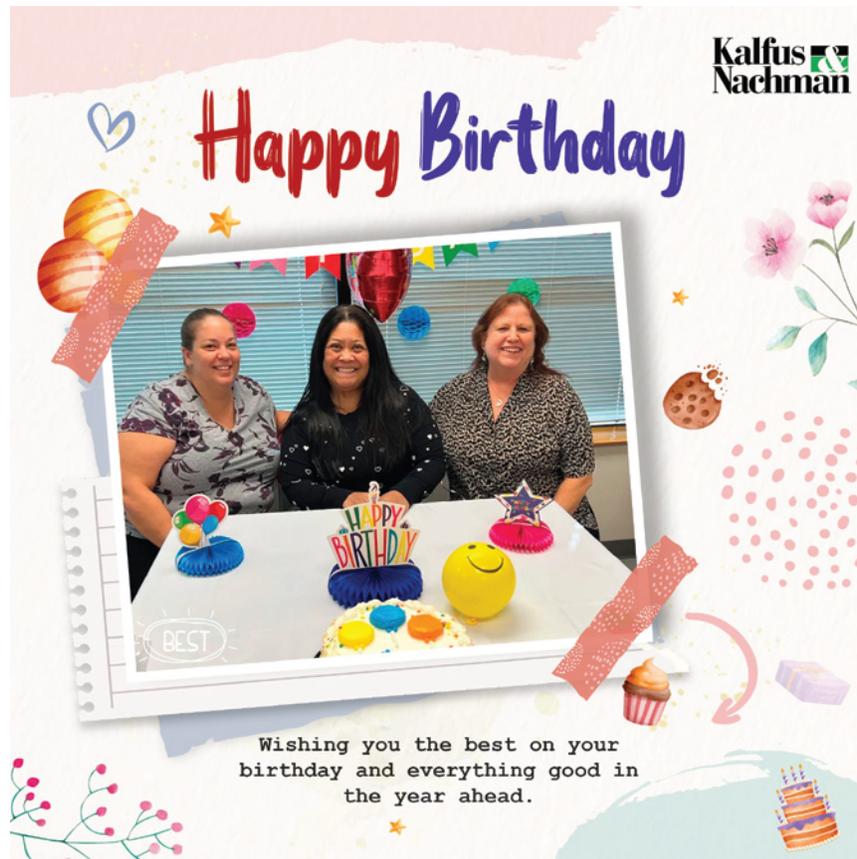
“ We just wanted to thank Kalfus & Nachman for the back-to-school giveaway. I have six young grandchildren that were/are always (in some form or another) in need of shoes, clothes, school supplies, etc., and what your firm provided made it that much less we (Papa & I) Lol had to come up with. The boys loved the camouflage back packs. Again we say thank you :) In great appreciation. ”

- Mr. & Mrs. William D. Lowery

Participate in our monthly contest and like us on FACEBOOK



Celebrating October Birthdays!



Stovetop Chicken Pot Pie Fall Comfort Food – Yum!

INGREDIENTS:

- 4 frozen buttermilk biscuits
- 1 1/2 c. chicken stock
- 1 c. whole milk
- 3 tbsp. all-purpose flour
- 1 1/2 tsp. poultry seasoning
- 1 chopped small onion
- 1 c. matchstick carrots
- 3 tbsp. butter
- 2 c. shredded rotisserie chicken
- 1 c. frozen cut green beans
- 2 tbsp. chopped fresh flat-leaf parsley
- Biscuits, for serving



....continued on page 6

....continued from page 5 **Stovetop Chicken Pot Pie....**

DIRECTIONS:

Prepare 4 frozen buttermilk biscuits according to package directions.

Meanwhile, in a large mason jar, shake together chicken stock, whole milk, flour, and poultry seasoning. Cook onion and carrots in butter in a large saucepan over medium-high heat until softened, 2 to 3 minutes. Slowly whisk in milk mixture. Bring to a boil, reduce heat, and simmer, stirring often, until thickened, 6 to 8 minutes.

Stir in shredded rotisserie chicken, green beans, and flat-leaf parsley and cook until warm, 4 to 5 minutes. Season with kosher salt and black pepper. Serve topped with biscuits.

Get a Personalized Printable Certificate!!!

TAKE THE PLEDGE today and immediately receive your printable certificate.

TAKE THE PLEDGE with your kids, your partner, your friends or your family!



TAKE THE PLEDGE

The fight to end distracted driving starts with you. Make the commitment to drive phone-free today

Distracted driving kills and injures thousands of people each year. I pledge to:

- Protect lives by never texting or talking on the phone while driving.
- Be a good passenger and speak out if the driver in my car is distracted.
- Encourage my friends and family to drive phone-free.



[Click Here to Take The Pledge](#)



We handle Workers' Compensation Cases



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1. Tap Link Below
2. Tap "Download"
3. Tap "Open"
4. Tap "Add to Contact"

1. Tap Link Below
2. Tap "Create New Contact"



Thank You **FOR YOUR REFERRAL**

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.KalfusNachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

Legal Matters November 3rd and 17th



Tune in for a double dose of Legal Matters on
WAVY and FOX at 10 AM & 11 AM



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Case by Case November 2nd and 16th



Case by Case on WTKR News
Channel 3 @ 10 am

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