

Your June Message From Attorney Paul Hernandez



School's Out, so Watch Out for Kids at Play!

Summer is here, and that means there will be more kids outdoors—riding bikes, playing sports, and generally enjoying their break from school. With additional kids on the road, drivers need to exercise additional caution, and Kalfus & Nachman PC is here to help.

[Click Here Read More](#)

100 deadliest days of summer

Summer brings more time on the road, but also a spike in serious accidents, especially involving young drivers.

- Slow Down.
- Stay Focused.
- Never Drive Distracted.
- Buckle Up, Always.

Kalfus & Nachman
YOUR SAFETY MATTERS.

VOTE!!

KALFUS & NACHMAN BEST PERSONAL INJURY LAW FIRM IN HAMPTON ROADS

Vote for Kalfus & Nachman as your favorite Hampton Roads Personal Injury Law Firm in the 2025 Best Of contest! For 45 years, we've been dedicated to helping the injured in our community.

YOU CAN VOTE UP TO ONCE PER DAY, PER ENTRANT. VOTE HERE: <https://www.virginiamedia.com/bestof/>

VOTING ROUND ENDS JUNE 25TH, 2025!

We Mean Business
1-888-HURTLINE

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

CONGRATULATIONS TO OUR WINNERS!

The screams of joy over the phone were unforgettable!

Enjoy opening night at the UniverSoul Circus and check out what our excited winners are saying on Facebook.

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

HAPPY Father's DAY

Congratulations TO THE \$100 GIFT CARD WINNERS.

1. James G.
2. Sherri W.
3. Angela J.
4. Crstal S.
5. Arnold W.

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

The Pink Ride

In partnership with **CHESAPEAKE REGIONAL HEALTHCARE**

FREE 3D MAMMOGRAMS
For women 40 years or older who are uninsured or underinsured and haven't had a mammogram in the past 12 months

JULY 23 TUESDAY
9:00 AM – 2:20 PM

Kalfus & Nachman, PC, 870 N Military Hwy, Suite 301, Norfolk, VA 23502

Appointments are required! Spots are limited and fill up fast! Register now at: [chesapeakemammo.com](https://www.chesapeakemammo.com)

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

LAW TIGERS
MOTORCYCLE LAWYERS

We just wrapped up the Old Town Revival Rally in Tazewell Virginia at the Tail of the Dragon. The three day event hosted motorcycle stunt shows, live music, bmx stunt shows, poker runs, bike shows, bike blessings, motorcycle games and more and you better believe Law Tigers was front and center. Law Tigers hosted the first ever "Ride In, No Hassle" Motorcycle Show where awards were given to riders who traveled across the state and the country to recognize their unique motorcycles and celebrate the journey they made to attend the event. We met riders who traveled from New York, New Jersey, Maryland, Pennsylvania, West Virginia, Tennessee, Georgia and North Carolina and got to know about them and their journey and their motorcycles through a series of live interviews with our DJ host. The event was action packed with events and incredible riding on the Tail of the Dragon.

ONE TEXT OR CALL COULD WRECK IT ALL

TAKE THE PLEDGE

The fight to end distracted driving starts with you. Make the commitment to drive phone-free today

- Distracted driving kills and injures thousands of people each year. I pledge to:
- Protect lives by never texting or talking on the phone while driving.
- Use a good passenger and speak out if the driver in my car is distracted.
- Encourage my friends and family to drive phone-free.

Kalfus & Nachman
1-800-HURTLINE

[Click Here to Take The Pledge](#)

NHTSA

Kalfus & Nachman CARES CORNER

Kalfus & Nachman
IS PARTNERING WITH **NORFOLK SPCA**

Meet Daisy – The Bestest Girl!

K&N Furry Friends

The firm is covering the cost of the adoption fees *
Daisy is a little over 5 years old and an absolute beauty—inside and out! With her sweet personality and playful energy, she's ready to become a beloved member of your family.

Daisy enjoys going for walks, playing fetch, and soaking up all the love and attention you're willing to give. She's smart, loyal, and truly the bestest girl. Come meet Daisy at the Norfolk SPCA any day from 12:30 PM to 6:00 PM. (916 Ballentine Boulevard, Norfolk, VA 23504). One visit might be all it takes to fall in love and welcome her into your heart and home.

Let Daisy bring joy and sunshine into your life—she's been waiting just for you!

Thank you so much for your support!

[Click Here to Learn More](#)

SHIPYARD WORKERS THANK YOU FOR KEEPING US AFLOAT

Kalfus & Nachman
Worker's Compensation Attorneys

Kalfus & Nachman

“Highly recommend this firm to anyone involved in any accident, motor vehicle or otherwise. They secured a very positive result for me and kept me informed throughout the entire process. Paralegal Ashley G went out of her way to explain the process, answer my questions, and check in with me periodically. She was extremely professional, polite, and helpful”

– Mark M.

Paul Hernandez
★★★★★

Google Reviews

Office Fun at Kalfus & Nachman!

Kalfus & Nachman

Happy **Birthday**

May you always have a good health and enjoy your special day.

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

HAPPY Anniversary to PLAYER & JOCELYN

Participate in our monthly contest and like us on **FACEBOOK**

Banana Berry Smoothie

Ingredients:

- 1 medium ripe banana, cut into pieces
- 2 cups berries (fresh or frozen) - blueberries, strawberries (quartered if fresh), or other berries
- 1/2 cup crushed ice
- 2 cups plain yogurt
- 1/4 cup honey

Directions:

1. Put all of the ingredients into a blender and blend until smooth.

Recipe Courtesy of: www.simplyrecipes.com

Thank You FOR YOUR REFERRALS

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.kalfusnachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

Catch Attorney Paul Hernandez on...

hrs HAMPTON ROADS SHOW Watch Legal Matters on WAVY & FOX **JULY 3rd & 17th** @ 10 am & 11 am

Case LIVE Watch Case by Case on WTKR News **JULY 2nd & 23rd** @ 10 am

Tune In to **HOT 91.1 ASK KALFUS** MONDAY **JULY 7th** @ 9 AM **WNSR HOT 91** THE SOUL OF VA

[Ask an Attorney a Question](#)

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We service Virginia and North Carolina

Need More Info? [CONTACT US](#)

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