

Your February Message From Attorney Paul Hernandez



Spring Forward

Set your clock ahead one hour
Sunday, March 9, 2025

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

Tired of Your Tires?
When to Replace Them for Safety and Savings

Worn tires are a serious safety hazard, increasing the risk of skidding, blowouts, and accidents. Maintaining your tires isn't just about mileage; it's about safety. Below, Kalfus & Nachman will explain exactly what you can do to ensure a smooth journey.

The Mileage Myth: It's More Than Just Miles

Mileage is a factor, but not the only one. Tire lifespan depends on:

- **Driving Habits:** Aggressive driving (hard braking, rapid acceleration) wears tires faster.

[Click Here Read More](#)

DON'T MISS YOUR CHANCE TO WIN—ENTER NOW!

POT OF GOLD
ST. PATRICK'S DAY

Six lucky winners will each take home a \$100 Visa Gift Card!

[CLICK HERE TO ENTER](#)

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

CONGRATULATIONS
Valentine's Giveaway
WINNERS

Romantic Dinner for Two (\$100 at their chosen restaurant) and a Bouquet of Roses.

♥ **Jenna C.**
♥ **Tiffany G.**
♥ **Teresa G.**

HAVE YOU CHECKED OUT THE ►
KALFUS & NACHMAN INFORMERCIAL?
IT'S PACKED WITH HELPFUL INFORMATION YOU WON'T WANT TO MISS!

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

LAW TIGERS
(MOTORCYCLE LAWYERS)



We are gearing up for Timonium International Motorcycle Show with our partners Urban East who specialize in vintage motorcycle restoration custom fabrication and motorcycle racing. The show will feature hundreds of motorcycles a swap meet, live music, motorcycle racing and new models from every major brand. They will be displaying a custom Harley Davidson and a Triumph in the vintage motorcycle show. Brian Audet the owner of Urban East is a motorcycle racing enthusiast who will be found on the flattrack racing in the Maddog class on a custom Kawasaki.

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

IS PARTNERING WITH
NORFOLK SPCA

Meet Roscoe!

K&N Furry Friends

The firm is covering the cost of the adoption fees *
This handsome man was adopted from the Norfolk SPCA in 2023 but recently found his way back to us. Roscoe is playful, affectionate, independent, and incredibly sweet.

Roscoe is looking for a home with no cats and preferably no dogs, though he has done well with some female dogs on a case-by-case basis. He would love a cozy spot to lounge around and play when the mood strikes.

Could Roscoe be the perfect addition to your home? Come by and visit with Haley Gammage and she can tell you all about her sweetheart! We're located at 916 Ballantine Boulevard in Norfolk and open daily (except for Mondays) from 1-4:30.
www.norfolksPCA.com

[Click Here to Learn More](#)

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FOUND THEIR FOREVER HOME

MEET MARCO

<https://www.kalfusnachman.com/about-us/community-support/>

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FOUND THEIR FOREVER HOME

MEET SANDEE

<https://www.kalfusnachman.com/about-us/community-support/>

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

“Hello, my name is Carolyn Moore, and I am a client of Kalfus and Nachman. I was in an accident back in April of 2024. I was injured, and an uninsured driver totaled my car. I had no idea what to do or how I would take care of my situation. I saw an ad on TV for Kalfus and Nachman and made the call. They contacted me the same day with Paralegal Rhonda Turner and Attorney Jeff Sachs. They took care of me and ensured I knew everything that was going on in my case. They were very professional and knowledgeable in my case and ensured I got what I needed to care for myself and my bills. I thank God for My attorney, J. Sachs, and my Paralegal, Rhonda Turner. I highly recommend them. I am a happy client!”

Jeffrey A. Sachs
★★★★★
Google Reviews ★★★★★

SHIPYARD WORKERS
ANCHOR OUR SUCCESS

Kalfus & Nachman
Workers' Compensation Attorneys

Office Fun at Kalfus & Nachman!

Happy Birthday

May you always have a good health and enjoy your special day.

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

RAISING MONEY AND AWARENESS FOR MULTIPLE SCLEROSIS

MS
National Multiple Sclerosis Society


MARCH 28 FRIDAY 1:00 PM

870 N. MILITARY HIGHWAY, NORFOLK, VA 23502
(BACK PARKING LOT OF OUR BUILDING)

WATER BALLOON/PIE OUR ATTORNEYS EVENT
Dunk House | Food Trucks

\$5.00 - you can purchase 3 BALLOONS OR 1 PIE
(cash is always accepted and checks should be made payable to the MS Society)

ALL FUNDS WILL BE DONATED TO THE MS SOCIETY



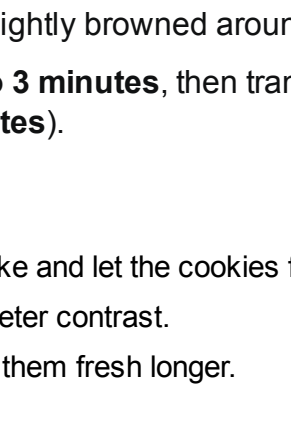
Kalfus & Nachman Celebrates
Attorney Chris Jacobs
5 Years Cancer-Free!

Join us in honoring this incredible milestone as we celebrate Attorney Chris Jacobs's 5-year journey of strength, resilience, and triumph!

SURVIVOR

#KalfusNachman #CancerSurvivor #Hanzibong #Celebration #Resilience

Participate in our monthly contest and like us on **FACEBOOK**



Red Velvet Cake Cookies

Ingredients:

- 1 (15.25 ounce) package red velvet cake mix
- 2 large eggs
- 1/4 cup vegetable oil
- 1/2 (11 ounce) package chocolate chips

Directions:

1. Preheat the oven to 350°F (175°C).
2. Mix ingredients in a bowl—combine the cake mix, eggs, and vegetable oil until well mixed. Fold in the chocolate chips.
3. Shape the dough into 24 balls and arrange them on an ungreased baking sheet.
4. Bake for 7 to 9 minutes or until lightly browned around the edges.
5. Cool on the baking sheet for 2 to 3 minutes, then transfer to a wire rack to cool completely (about 15 to 20 minutes).

Tips:

- For a softer texture, slightly underbake and let the cookies firm up as they cool.
- Use white chocolate chips for a sweeter contrast.
- Store in an airtight container to keep them fresh longer.

Recipe Courtesy of: www.allrecipes.com



EndDD.org
END DISTRACTED DRIVING

Stop Distracted Driving Focus for Safety

On Tuesday, January 7, 2025, Attorney Paul Hernandez had the chance to engage with students from Ocean Lakes High School who are participating in Driver's Education. Mr. Hernandez addressed the risks associated with distracted driving. He shared his insights with more than 150 students.

Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

ONE TEXT OR CALL COULD WRECK IT ALL

TAKE THE PLEDGE

The fight to end distracted driving starts with you. Make the commitment to drive phone-free today

Distracted driving kills and injures thousands of people each year. I pledge to:

- Protect lives by never texting or talking on the phone while driving.
- Be a good passenger and speak out if the driver at my car is distracted.
- Encourage my friends and family to drive phone-free.

Kalfus & Nachman
Attorneys at Law
1-800-HURTLINE [Click Here to Take The Pledge](#) **NHTSA**

Thank You FOR YOUR REFERRALS

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.kalfusnachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

Catch Attorney Paul Hernandez on...

hrs HAMPTON ROADS SHOW Watch Legal Matters on WAVY & FOX
MAR 6th & 27th
@ 10 am & 11 am

Chris LIVE Watch Case by Case on WTKR News
MAR 12th & 26th
Channel 3 @ 10 am

Tune In to HOT 91.1 ASK KALFUS **MONDAY MARCH 10th @ 9 AM** **VINO HOT 91** THE SOUL OF VA

Ask an Attorney a Question




Our Offices

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Call 1-888-Hurtline or visit us: www.kalfusnachman.com
We service Virginia and North Carolina

Need More info? [CONTACT US ->](#)

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blue orchid
MARKETING