2024
Kalfus & Nachman
Attorneys at Law
INJURY AND DISABILITY LAWYERS
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January Newsletter 2024

Your January Message From Attorney Paul Hernandez

Kalfus & Nachman
888-487-8546
new year
24

Injured in the Gym? Who is Liable?

Of all the places to sustain an injury, the gym is one of the worst. In addition to the frustration of impaired performance and the discomfort of the injury, it can be challenging to determine who is liable. Fortunately, the expert attorneys at Kalfus and Nachman have extensive experience doing just that.

Click Here to Read More

SHIPYARD WORKERS'
DEDICATION
MAKES FOR SMOOTH SAILING
Kalfus & Nachman
Worker's Compensation Attorneys

Ways to Winterize Your Vehicle

If you've ever experienced car issues related to winter weather, you might be curious about getting your vehicle ready for the next icy spell. Take a look at this infographic for a rundown of straightforward measures to winterize your car, truck, or SUV before the next winter storm hits.

TIPS TO PREPARE YOUR CAR FOR
Winter Weather

REPLACE WIPERS

Replace your wiper blades if they do not completely clear the glass with each swipe.

WINTER WASHER FLUID

Your washer fluid should be rated not to freeze at 0°. If you live in extreme cold you should purchase fluid with a freeze point of -25°. KEEP IT FULL - don't be caught without a way to clear your windshield.

OIL CHANGE & CHECK-UP

Plan an oil change and make sure to have all fluid levels, brakes, the battery and lights checked.

CHECK TIRES

Check your tire pressure and tread depth. Cold temperatures affect tire pressure. Find the recommended pressure on the driver's door jamb and NOT the tire wall!

WHEN DRIVING IN WINTERY CONDITIONS

SEE & BE SEEN

Clear all windows, headlights, and taillights of any frost, ice or snow.

CLEAR SNOW

Make sure your tailpipe is clear of snow or other obstructions.

PACK AN EMERGENCY KIT

Be prepared! Keep gloves, ice scraper, sand or salt, warm clothing, blankets, jumper cables and a first-aid kit in your car.

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SUPER BOWL
LVIII

WHO HELPS SUPER BOWL LVIII FANS STAY SAFE?

U.S. Department of Transportation
National Highway Traffic Safety Administration
NHTSA
TEAM
LVIII
SUPER BOWL

DESIGNATED DRIVERS

FANS DON'T LET FANS DRIVE DRUNK

Kalfus & Nachman

INJURY AND DISABILITY LAWYERS

Valentines Giveaway!

Win a Romantic Dinner for two and a Bouquet of Roses for your Sweetheart.

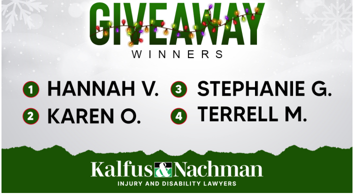
Kalfus & Nachman wants your Valentine's Day to be perfect! **3 Lucky winners** will receive a gift card for the restaurant of their choice (valued at $100) and a bouquet of roses delivered to their sweetheart!!

CLICK HERE TO ENTER

Congratulations

5th Annual

Busch Gardens CHRISTMAS TOWN



GIVEAWAY
WINNERS

1. HANNAH V.
2. KAREN O.
3. STEPHANIE G.
4. TERRELL M.

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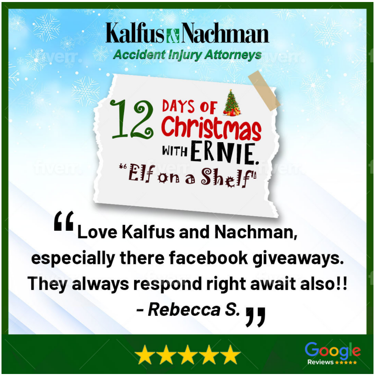
INJURY AND DISABILITY LAWYERS

Another Fun & Successful
"12 Days With Ernie"
Thanks for Playing



Kalfus & Nachman
Accident Injury Attorneys

12 DAYS OF Christmas WITH ERNIE.
"Elf on a Shelf"

> "Love Kalfus and Nachman, especially there facebook giveaways. They always respond right await also!!
> - *Rebecca S.*"

★★★★★
Google
Reviews ★★★★★

LAW TIGERS®
MOTORCYCLE LAWYERS

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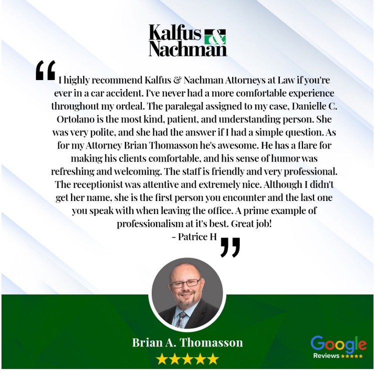
WIN THIS BIKE!
ROCK RIDE
MUNICIPAL
ACCESSORIES
LAW TIGERS
MOTORCYCLE LAWYERS

2023 has been a fantastic year for Law Tigers Virginia. We have ridden motorcycles with friends and family, taken motorcycle courses to improve our skills, and put them to the test on the road and in several local competitions. Marketing efforts shined a light on numerous charities and volunteer groups uniting motorcycle riders in our community for the common good. Law Tigers sponsored over 115 motorcycle events in Virginia throughout 2023. New partnerships were formed, and with Law Tigers Name in Lights above the stage at Richmond Harley Davidson, we were able to give away a brand-new Harley Davidson. A Caribbean Cruise, a complete gear set, concert tickets, and more were given away through our social media, giving fans another reason to follow us. The "Big Cat" remains on the prowl in 2024, watching over its own.



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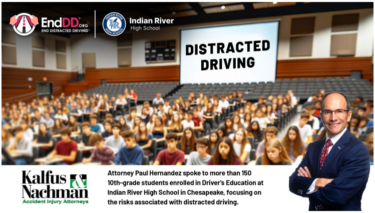
"I highly recommend Kalfus & Nachman Attorneys at Law if you're ever in a car accident. I've never had a more comfortable experience throughout my ordeal. The paralegal assigned to my case, Danielle C. Ortolano is the most kind, patient, and understanding person. She was very polite, and she had the answer if I had a simple question. As for my Attorney Brian Thomasson he's awesome. He has a flare for making his clients comfortable, and his sense of humor was refreshing and welcoming. The staff is friendly and very professional. The receptionist was attentive and extremely nice. Although I didn't get her name, she is the first person you encounter and the last one you speak with when leaving the office. A prime example of professionalism at it's best. Great job!

- Patrice H"

Brian A. Thomasson

★★★★★

Google
Reviews ★★★★★


EndDD.org
END DISTRACTED DRIVING
Indian River
High School
DISTRACTED DRIVING
Kalfus & Nachman
Accident Injury Attorneys

Attorney Paul Hernandez spoke to more than 150 10th-grade students enrolled in Driver's Education at Indian River High School in Chesapeake, focusing on the risks associated with distracted driving.

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INJURY AND DISABILITY LAWYERS
Holiday
PARTY
2023
Welcome

Kalfus & Nachman
Happy Birthday
HAPPY BIRTHDAY
BEST
Happy Birthday

Wishing you the best on your birthday and everything good in the year ahead.

Participate in our monthly contest and like us on FACEBOOK

Sticky Honey-Soy Chicken Wings

A Gametime Treat!

Ingredients:

- Kosher salt and freshly ground black pepper
- 2 tablespoons extra-virgin olive oil
- 2 tablespoons butter
- 1/2 cup honey
- Sesame seeds, for garnish
- 2 pounds chicken wings
- 1 cup low-sodium soy sauce
- 1 tablespoon grated fresh ginger
- 2 tablespoons chopped fresh cilantro leaves
- 2 cloves garlic, minced
- 1/2 lemon, juiced

Directions:

1. Rinse chicken wings and pat dry. Remove the tips and discard; separate each wing at the joint into 2 pieces.
2. Place wings in a shallow dish and pour over the soy sauce, ginger, cilantro, garlic, and lemon juice. Toss well to coat; marinate and refrigerate for 2 hours.
3. Remove wings from marinade and pat dry, season with salt and pepper.
4. Melt the butter in olive oil in a large sauté pan over medium-high heat. When the butter stops foaming, add the honey and chicken wings and fry until browned on each side, about 5 minutes.
5. Continue cooking the wings, turning them over often to coat as the glaze reduces. Cook until the wings are sticky and cooked through.
6. Garnish with sesame seeds and serve.

Recipe courtesy of Tyler Florence and [foodnetwork.com]()

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TAKE THE PLEDGE with your kids, your partner, your friends on your family

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www.nhtsa.gov

TAKE THE PLEDGE

The fight to end distracted driving starts with you. Make the commitment to drive phone-free today

Distracted driving kills and injures thousands of people each year. I pledge to:

- Protect lives by never texting or talking on the phone while driving.
- Be a good passenger and speak out if the driver in my car is distracted.
- Encourage my friends and family to drive phone-free.

Click Here to Take The Pledge

Thank You FOR YOUR REFERRALS

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.KalfusNachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

hrs HAMPTON ROADS SHOW

Watch Legal Matters on WAVY & FOX

FEBRUARY 8 & 15

@ 10 am & 11 am

Coast LIVE

Watch Case by Case on WTKR News

FEBRUARY 6 & 21

Channel 3 @ 10 am

Ask an Attorney a Question

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We service Virginia and North Carolina

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