

Kalfus & Nachman

INJURY AND DISABILITY LAWYERS

24/7 Call For A Free Consultation

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IT ALL**



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April Newsletter 2022

www.kalfusnachman.com

Page 1

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Your April Message From Attorney Paul Hernandez



[Click here to play the video](#)

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Call 1-888-hurtline or
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www.kalfusnachman.com

We service Virginia and
North Carolina

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Cell Phones Making Virginia Drivers Very Distracted

Did you know that the state of Virginia ranks 5th worst state for the number of fatal car accidents caused by distracted driving? According to a new study conducted by the driver's education company Zutobi, 21.5% of fatal auto accidents in the state are the result of distracted driving. The biggest distraction is using a handheld cellphone when you're behind the wheel. A 2018 Insurance Institute for Highway Safety roadside survey found that Virginia drivers were 57% more likely to be using a handheld cellphone than drivers surveyed just four years earlier in 2014.



Save Lives by Not Using a Handheld Cell Phone

Preventing both fatal and non-fatal car crashes is the biggest and best reason for not using your handheld cell phone while driving, but it's also illegal in the state of Virginia. Holding a handheld personal communications device (i.e., your cell phone) while driving on Virginia highways is punishable by fines of \$125 to \$250.

Texting while you drive increases your risk of an accident by 2300%. It's the worst form of distracted driving because it involves all three types of distraction: manual, visual, and cognitive. Perhaps you don't think about the consequences of texting and driving but consider this: it takes about 5 seconds to send the average text. Taking your eyes off the road for that amount of time if you're traveling at a speed of 55 mph is the equivalent of driving the length of an entire football field blindfolded—probably not something you'd be willing to do!

Break the Habit

Like any other habit, driving while using your handheld phone can be changed. Get hands-free blue tooth installed if you must take or make calls in the car. Other options include:

- Learn how to set a "driving, can't talk now" message on your phone
- Turn your phone off and/or put it in the back seat when you get in the car
- Ask a passenger to send texts or make a call for you if it's important

Changing this one habit can result in a huge decrease in the numbers of Virginians injured and killed in car accidents.

If you or a family member has been injured in a pedestrian accident, bicycle accident or car accident, or any personal injury, or has been denied Social Security Disability benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **888-Hurtline (487-5463)** for your initial free consultation. Kalfus & Nachman PC, Personal Injury Attorney in Norfolk, can help you determine whether you need a lawyer for any personal injury case.

Kalfus & Nachman Proud Sponsors of the 46th Annual Virginia Beach Volunteer Rescue Squad Oyster Roast



Cell Phone Records Used to Prove Distracted Driving Attorney Paul Hernandez explains:



[Click Here to Hear About the Case](#)

Winners, Winners and More Winners Someone is Always Winning with Kalfus and Nachman

Kalfus & Nachman

CONGRATULATES

OUR (10) \$50 GAS CARD WINNERS

1 MARIVEL S.	6 NIKKI L.
2 PETER B.	7 BRENDA R.
3 TOM J.	8 FELICIA B.
4 BEN R.	9 SHARON A.
5 FRANK S.	10 PATRICIA B.

Please continue to follow us on Facebook & Instagram for more exciting chances to win



Get Ready for Some Spring Break Fun!



Spring Break Amusement Park Tickets Winners!
Kim W., Takeeta S., Timothy P., and Brandy F.

SPRING BREAK FUN = FREE TICKETS!

Thank you to all of the (50) families around Virginia that entered to receive tickets to the "Children's Museum in Virginia and Kids Square in Roanoke" We hope you enjoy the venues.

Participate in our monthly contest and like us on FACEBOOK



Attorney Paul Hernandez Has Spoken to Over 10,000 Students Through the EndDD.org Program



Through the help of our local schools, we have been able to present to over 10,000 high school students in Hampton Roads. We are a Proud Supporter of [Enddd.org](https://www.enddd.org/). visit: <https://www.enddd.org/> for more information.

DISTRACTED DRIVING QUIZ

Circle the 4 pictures that are examples of **Distracted Driving**



Get a Personalized Printable Certificate!!!

TAKE THE PLEDGE today and immediately receive your printable certificate.
TAKE THE PLEDGE with your kids, your partner, your friends or your family!

ONE TEXT OR CALL COULD
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Kalfus & Nachman
Attorneys at Law
1-800-HURTLINE

TAKE THE PLEDGE

The fight to end distracted driving starts with you. Make the commitment to drive phone-free today

Distracted driving kills and injures thousands of people each year. I pledge to:

- Protect lives by never texting or talking on the phone while driving.
- Be a good passenger and speak out if the driver in my car is distracted.
- Encourage my friends and family to drive phone-free.

[Click Here to Take The Pledge](#)



Request your lanyard today @ mlm@knlegal.com

Subject: Lanyard

Kalfus & Nachman will send you a lanyard as your daily reminder not to drive distracted.



Kalfus & Nachman
IS PARTNERING WITH
aDOPT
portsmouth humane society

Copper

K&N Furry Friends

The firm is covering the cost of the adoption fees *

Copper is a distinguished gentleman with six years of experience as a best friend. He wandered our way last summer, and he's been searching for the best couch in town to call his own. Rest assured, Copper is ready for adventure when the opportunity presents itself. Just the other day he was mentioning that the arrival of spring has got him particularly excited, as he looks forward to hanging his head out the window, taking in the smell of new flowers blooming. You can meet Copper by calling 757-397-6004 and scheduling an appointment.



Kalfus & Nachman
INJURY AND DISABILITY LAWYERS

It's Our Mother's Day Contest!

Win flowers for Mom delivered to her door

8 lucky winners!
Value \$75-100 including delivery

[CLICK HERE TO ENTER](#)

What Our Clients Are Saying About Us



Kalfus & Nachman

“ I am so grateful that I trusted Kalfus & Nachman to handle my case. My attorney, Seth Scott, worked hard to make sure that I received a fair settlement. I was impressed with his hard work and constant communication. He provided me with exceptional legal advice and went to battle on my behalf to make sure that he got me the outcome that I deserved. His dedication to my case was exceptional. My entire experience with this law firm was absolutely amazing. Katie Stoops, his paralegal, was always available to answer any questions that I had regarding my case. She was extremely helpful and made me feel at ease whenever I had questions or concerns. I highly recommend this law firm for anyone who is looking for a trusted, respected, and top-notch law firm that will exceed your expectations! They are absolutely the best!!!!!! ”

- Darla E



Seth Scott
★★★★★





LAW TIGERS®

MOTORCYCLE LAWYERS



March was a wild ride! Event planning and preparation for the spring season is coming to fruition. Our season started with humble beginnings by having our bike blessed for a safe riding season at GFR Fredericksburg. We swapped parts with Engine and Frame and the chopper guys in the city of Richmond. Our partnership with Monty Hill Racing has continued to grow and with their support Law Tigers continues to reach new riders. We learned about the latest in motorcycle safety equipment from our industry experts at Morton's BMW and educated riders on the steps to take after a motorcycle accident. The Virginia Championship Hare Scramble Series has kicked off with the Joe Lloyd Memorial and Law Tigers has continued its support the longest running motorcycle racing series in the state. We shared a chilly morning with VCHSS series racers as spring weather can bring unexpected snow showers. There was even time to mount up and ride to RVA Bike Night as motorcycle enthusiasts begin to blow the dust off of those bikes frothing for spring conditions.

Rhubarb Crumble

Easy to prepare recipe for rhubarb lovers everywhere!

Prepare Crumbles:

Combine 1 cup flour, 1/3 cup oats, 3/4 cup sugar and a pinch of salt in a bowl. Stir in 6 tablespoons melted butter and 1/2 cup chopped hazelnuts. Squeeze into large crumbles and place in the freezer.continued on page 8

.continued from page7

Prepare Filling:

Toss 2 pounds chopped rhubarb, 1/3 cup sugar, 1/4 cup flour, 1/2 teaspoon vanilla extract, 1/2 teaspoon orange zest and 1/4 teaspoon salt in a 8-by-8-inch glass or ceramic baking dish. Scatter the crumble on top and bake in a preheated 375 degrees F oven until golden and bubbly, 45 minutes. Let cool for 15 minutes. **Serve with whipped cream.**

Recipe and photo courtesy of Foodnetwork.com



Office Fun at Kalfus & Nachman! Celebrating April Birthdays



We handle Workers' Compensation Cases



Always have
our number
handy!

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to your contacts
with a Simple Click

ADD OUR NUMBER
TO YOUR PHONE



Save to your Android 

Save to your Iphone 

1. Tap Link Below
2. Tap "Download"
3. Tap "Open"
4. Tap "Add to Contact"

1. Tap Link Below
2. Tap "Create New Contact"

Thank You FOR YOUR REFERRAL

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.KalfusNachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

Legal Matters May 5th and 19th



Tune in for a double dose of Legal Matters on
WAVY and FOX at 10 AM & 11 AM



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Case by Case May 4th and 18th



Case by Case on WTKR News
Channel 3 @ 10 am

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