

# Kalfus & Nachman

INJURY AND DISABILITY LAWYERS

24/7 Call For A Free Consultation



SE HABLA ESPAÑOL

July Newsletter 2022

[www.kalfusnachman.com](http://www.kalfusnachman.com)

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## Your July Message From Attorney Paul Hernandez



[Click here to play the video](#)

## Traveling This Summer

As the weather gets warmer, more people will start considering road trips and travel. But because of the costly rise of airplane tickets, hotel reservations, and gas prices, picking a travel plan is becoming trickier. Here are some things to keep in mind when booking your stay this summer and how to stay safe while doing so.



### Flying

Airline prices are at an all-time high, with domestic flights being around 7% more expensive than they were in 2019. Despite the cost concerns, the convenience of getting to your destination quicker than by car, avoiding maps, construction, or accident delays, and increasing gas prices are sure to encourage some to bite the bullet.

### Driving

Road tripping is the most popular way to travel this year. While the price of gas may cause you to shorten some vacation plans, the overall cost of traveling in your own vehicle is still cheaper than airfare. Although driving isn't the most time efficient option, experts suggest packing pre-made meals or booking a suite with a kitchen to help save money and time.

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### Our Offices

#### Norfolk

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Norfolk, VA 23502  
757.461.3303

#### Newport News

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Newport News, VA 23601  
757.245.4878

#### Roanoke

Southwest Virginia  
1322 Plantation Road  
Roanoke, VA 24012  
540.343.4878

Call 1-888-hurtline or visit us  
[www.kalfusnachman.com](http://www.kalfusnachman.com)

We service Virginia and North Carolina

### Follow us...



....continued from page 1 **Traveling This Summer**

If you're planning to hit the road with family or friends this summer, here are some safety tips to keep in mind:

- Make sure your car's maintenance is up to date and everything is running smoothly – check your tires and fluid levels
- Ensure everyone buckles up
- Reduce the risk of distractions, like cell phones and GPS
- Be sure to follow all traffic and road signs
- Never drive under the influence
- Keep an eye out for any traffic delays or construction work on highways
- Avoid driving long distances, especially at night, to prevent falling asleep behind the wheel

If you or a family member has been injured in a pedestrian accident, bicycle accident or car accident or any personal injury, or has been denied Social Security Disability benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **888-Hurtline (487-5463)** for your initial free consultation. Kalfus & Nachman PC, Personal Injury attorney in Norfolk, can help you determine whether you need a lawyer for any personal injury case.



A promotional graphic for Kalfus & Nachman. The background is yellow with a faint pattern of food items. In the top right, there is a photo of a brown paper bag containing a white takeout container and some food. The Kalfus & Nachman logo is in the top left. The text reads: "Win a QUICK BITE TO BEAT THE HEAT". Below this, it says "5 WINNERS \$50 DOORDASH GIFT CARDS". The Doordash logo is in the bottom right corner.

[Click Here to Enter](#)



A graphic for a summer contest. The background is a beach scene with a blue sky, sun, and water. There are images of a blue surfboard, a yellow inflatable ring, a beach ball, and two photos of people swimming. The text reads: "Kalfus & Nachman CATCH SOME FUN IN THE SUN". Below the graphic, it says "Congratulations" in a large, stylized font. At the bottom, there is a list of winners: 1 TYISHA B., 2 SHANNON N., 3 JOYCE K., and 4 JACQUELINE S.



**Kalfus & Nachman**

IS PARTNERING WITH  
**adPT**  
portsmouth humane society



## K&N Furry Friends

The firm is covering the cost of the adoption fees \*

Gomer is a goofy, 2-year-old Australian Cattle Dog Mix. He's currently in a foster home, so we know a fair amount about his personality. Gomer is an active guy who likes other dogs and always wants to be on the go. His favorite thing to do is play in the water hose! He is recommended for a home with older kids.



This past month, we have been busy promoting motorcycle education and safety with our partners Hampton Roads Motorcycle Safety Training. We sent the hosts of Living 757 through the program to become licensed motorcyclists. We explored motorcycle shops across Hampton Roads and discussed the different types of motorcycles and riding styles. The host's Quincy and Patricia found motorcycles that met their desires and style and went for a ride in First Landing State Park. With the guidance of HRMST, the hosts were able to become competent motorcycle riders over a weekend and receive their M1 endorsement.

## What Our Clients Are Saying About Us



**Kalfus &  
Nachman**

“ Blair Smircina and his team were excellent. They were there every step of the way. They kept me in the loop throughout the entire process. I was extremely pleased with the result and would recommend them to anyone. 5-star service.

- KYLE ”



Blair Smircina



**Participate in our monthly contest and like us on FACEBOOK**



## Office Fun at Kalfus & Nachman!



## I Scream, You Scream, We ALL Scream for Ice Cream! The ice cream truck makes a visit to Kalfus & Nachman



## S'mores Brownies

### INGREDIENTS:

Cooking spray, for pan  
 6 graham crackers  
 1 box brownie mix, plus ingredients called for on box  
 1 c. chopped Hershey's bars  
 1 (10-oz.) bag marshmallows

### DIRECTIONS:

1 - Preheat oven to 350° and line and spray a 9"-x-9" baking pan with cooking spray. Layer bottom of pan with graham crackers.  
 2 - Make brownie mix according to box and then fold in chopped Hershey's bars. Pour brownie batter over graham crackers.  
 3 - Bake until almost done, 35 minutes.  
 4 - Remove from oven and top with marshmallows and bake another 20 to 25 minutes or until brownies are cooked through and marshmallows are golden. To check brownies with a toothpick, you can gently push marshmallows to the side with a knife or offset spatula. They will melt back together!  
 5 - Turn oven to broil and broil 2 minutes, if desired.  
 6 - Let cool 10 minutes then slice into squares to serve.



*Recipe courtesy of Delish.com*

## We handle Workers' Compensation Cases



**Always have  
our number  
handy!**

Add our Number  
to your contacts  
with a Simple Click

**ADD OUR NUMBER  
TO YOUR PHONE**

Save to your Android

Save to your Iphone

1. Tap Link Below
2. Tap "Download"
3. Tap "Open"
4. Tap "Add to Contact"

1. Tap Link Below
2. Tap "Create New Contact"



## Thank You **FOR YOUR REFERRAL**

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.KalfusNachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

## Legal Matters August 4th and 18th



Tune in for a double dose of Legal Matters on  
WAVY and FOX at 10 AM & 11 AM



**Norfolk**  
Military Circle  
870 North Military  
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Norfolk, VA 23502

**Roanoke**  
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**Newport News**  
749-B J. Clyde  
Morris Blvd.  
Newport News,  
VA 23601

## Case by Case August 10th and 24th



Case by Case on WTKR News  
Channel 3 @ 10 am

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